

| MENTAL HEALTH (MH) TREATMENT SERVICES | SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES |
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| Acute Inpatient Hospitalization for Behavioral Health <input type="checkbox"/> Involuntary (please include legal documents) <input type="checkbox"/> Voluntary Evaluation and Treatment <input type="checkbox"/> Involuntary (please include legal documents) <input type="checkbox"/> Voluntary | Withdrawal Management including Secure Detox <input type="checkbox"/> ASAM 3.7 <input type="checkbox"/> ASAM 3.2 <input type="checkbox"/> ASAM 4.0 Medical Detox <input type="checkbox"/> Voluntary <input type="checkbox"/> Secure Detox (Please Include legal documents) Residential Treatment SUD <input type="checkbox"/> ASAM 3.5 <input type="checkbox"/> ASAM 3.3 <input type="checkbox"/> ASAM 3.3 PPW <input type="checkbox"/> ASAM 3.1 |
| <input type="checkbox"/> Crisis Stabilization in a residential setting <input type="checkbox"/> Residential Treatment-MH Is member on an** (please include legal documents): <input type="checkbox"/> LRA <input type="checkbox"/> CR <input type="checkbox"/> N/A <input type="checkbox"/> Partial Hospitalization (PHP) <input type="checkbox"/> Intensive Outpatient (IOP) <input type="checkbox"/> Electroconvulsive Therapy (ECT) <input type="checkbox"/> Transcranial Magnetic Stimulation (TMS) <input type="checkbox"/> Psychological/Neuropsychological Testing <input type="checkbox"/> Non-PAR Outpatient Services <input type="checkbox"/> Other- Describe: _____ | Presumptive and definitive urinalysis drug & Breathalyzer testing (See page 3) <input type="checkbox"/> Presumptive - amount used this year: _____ <input type="checkbox"/> Definitive - amount used this year: _____ <input type="checkbox"/> Breathalyzer - amount used this year: _____ Other- Describe: _____ |

****For any ITA, LRA, Secure Detox or CR requests please include legal documents****

Procedure Code(s) and Description Requested: _____ **Number of Units/Days:** _____

Dates of Service Requested (Start and End Dates): _____

| | |
|--|--|
| Primary Diagnosis Codes for Treatment (including provisional diagnosis) | |
| Additional Diagnoses (including any medical diagnoses/conditions) | |
| Psychosocial Concerns | |

**Together with this form, please fax pertinent, current clinical documentation to include presenting problems, assessments, medication administration records, and progress notes.
For continued stay requests please submit clinical documentation from the most recently approved authorization date span.**

*A service request designation is defined as Expedited/Urgent when the treatment requested is required to prevent serious deterioration of the member's health, or if not received could jeopardize the member's ability to regain maximum function. Requests outside of this definition should be submitted as routine/non-urgent.

CLINICAL DOCUMENTATION INFORMATION

****If providing these services or requesting services on behalf of a facility or provider, please submit this information. If applicable, provide rationale for utilizing out-of-network provider.****

If requesting a service that requires additional information, please provide the appropriate clinical information with the request for review:

Psychological and Neuropsychological Testing: (as covered per benefit package)

- Diagnoses and neurological condition and/or cognitive impairment (suspected or demonstrated)
- Description of presenting symptoms and impairment
- Member and family psych/medical history
- Documentation that medications/substance use have been ruled out as contributing factor
- Test to be administered and # of hours requested, over how many visits and any past psych testing results
- What question will testing answer and what action will be taken? / How will treatment plan be affected by results?

Presumptive and definitive urinalysis drug and Breathalyzer testing: Clinical notes are required for review and approval of your authorization request.

Medicaid:

- CPT codes 80305, 80306, 80307 – PA required for more than 12 tests in any combination
- CPT codes G0480, G0481, G0482 and G0483 – PA required for more than 8 tests in any combination CPT
- CPT Code 82075-PA Required after 12 breathalyzer tests.

Marketplace:

- CPT codes 80305, 80306, 80307 - PA required for more than 24 tests in any combination
CPT Codes: 80320, 80321, 80322, 80324, 80325, 80326, 80327, 80328, 80346, 80347, 80348, 80353, 80354, 80356, 80358, 80359, 80361, 80362, 80363, 80364, 80365, 80367, 80368, 80369, 80372, 80373, 80374, 80375, 80376, 80377, 83992, G0480, G0481, G0482, G0483, G0659 - PA Required after 12 units of any combination of the above codes.

Electroconvulsive Therapy (ECT): (as covered per benefit package)

Acute/Short-Term:

- Acute symptoms that warrant ECT (specific symptoms of depression, acute mania, psychosis, etc.)
- ECT indications (acute symptoms refractory to medication or medication contraindication)
- Informed consent from patient/guardian (needed for both Acute and Continuation)
- Personal and family medical history (update needed for Continuation)
- Personal and family psychiatric history (update needed for Continuation)
- Medication review (update needed for Continuation)
- Review of systems and Baseline BP (update needed for Continuation)
- Evaluation by anesthesia provider (update needed for Continuation)
- Evaluation by ECT-privileged psychiatrist (update within last month needed for Continuation)
- Any additional workups completed due to potential medical complications

Continuation/Maintenance:

- Information updates as indicated above
- Documentation of positive response to acute/short-term ECT
- Indications for continuation/maintenance

Transcranial Magnetic Stimulation (TMS)

- Current major depressive episode AND no psychotic symptoms (ECT is treatment of choice with psychotic symptoms)
- Adult ages 19 years or older, and
- Clinical Indications (One)
- Acute Symptoms refractory to treatment:
 - Failed trials of psychopharmacological agents
 - Antidepressant medications contraindicated

Non-PAR Outpatient Services: (as covered per benefit package)

- Rationale for utilizing out-of-network provider
- Known or provisional diagnosis and current symptoms
- Plan of treatment including estimated length of care and discharge plan
- Additional supports needed to implement discharge plan

Inpatient, Mental Health, Residential Treatment, Partial Hospitalization Program: (as covered per benefit package)

- CURRENT (within past seven days) clinical information to include:
 - Acute Symptoms that warrant treatment or continued treatment at requested level of care
 - Treatment/interventions being provided to stabilize acute symptoms
- Include attending psychiatrist's notes (if applicable); therapy notes; assessments; nursing notes
- Include notes from prescriber and medication administration documentation including all med changes
- Current barriers to treatment at a less restrictive level of care
- Plan of care for discharge and transition into a lower level of care for continued treatment

Withdrawal Management and SUD Residential Services: Medical Necessity Review is required for continued services beyond the initial required approval period. Requests should include:

- CURRENT (within the past seven days) clinical to include:
 - SUD Assessment/ASAM Summary or Brief interval update to an existing assessment if older than 7 days.
 - Symptoms that warrant continued treatment at requested level of care
- Treatment Plan (this should include)
 - Interventions
 - Current barriers to discharge
 - Plan of care for discharge and transition to lower level of care for continued support

**** PA is required for all out-of-state SUD treatment**